



N E W Z E A L A N D

NATIONAL PROFILE

2008 - 2009

**INTERNATIONAL CULTURAL YOUTH EXCHANGE N.Z.
INCORPORATED.
ICYE NZ**

Physical Address:

Unit 4, 63 Farm Street, Mount Maunganui, New Zealand
Phone +64-7-5720901
Fax +64-7-5720904

Postal Address:

P O Box 11-356, Palm Beach Post Office, Papamoa. New Zealand

E-mail: info@icyenz.org

Website: www.icyenz.org

GEOGRAPHY:

New Zealand is in the Southern Pacific Ocean, 1600 km east of Australia. It is made up of the North Island, South Island and Stewart Island with a number of smaller islands. The total land area is 268,021 sq km.

There are many native birds, the most significant being the kiwi. Many varieties of fish abound in our oceans, lakes and rivers. NZ is a rich green land with many National Parks bush areas and forests.

CLIMATE:

The seasons are the reverse to the Northern Hemisphere. Summer is from December to March, autumn from March to June, winter from July to August and spring from September to November.

HISTORY:

Polynesian people (Maori) first occupied New Zealand in the 9th - 10th Century. They named the country "Aotearoa" which means the "Land of the long white cloud".

Abel Tasman was the first European to discover N.Z. in 1642, but did not set foot on land. The first European to set foot on New Zealand soil was Captain James Cook, the English navigator & explorer, who visited N.Z. three times between 1769 and 1776. Sealers & whalers followed in the late 1700's and after them the Christian Missionaries. European colonisation began in the late 1800's.

The country became a British colony in 1840 with the signing of the "Treaty of Waitangi" - an agreement between Maori and European cultures. This was 6th February 1840, now it is a public holiday.

New Zealand had self-government in 1852 and was granted dominion status in 1907. New Zealand remains a British Commonwealth country today.

New Zealand was the first country to give women the right to vote in 1893.

All New Zealand citizens over the age of 18 years have the right to vote.

POPULATION:

New Zealand's total population in 2003 reached 4 million. Only 15% live in rural areas. 80% of NZers are of European decent, 14.7% are Maori, 6.5% are Pacific peoples, 2.9% are Chinese and 1.7% are Indian.

About one-fourth of the population lives in Auckland, the largest city in the North Island and hosts many beautiful beaches and offshore islands.

About 12% of the population is Maori and about 75% of New Zealanders live in the North Island.

Wellington, the Capital City and centre of government, is at the southern tip of the North Island.

Christchurch, the South Island's largest city, is situated on the Canterbury plains, and is re-known for its garden atmosphere.

Smaller cities include Hamilton, Tauranga, Palmerston North, Hastings Rotorua and Dunedin.

POLITICAL

New Zealand moved from colonial to Dominion status in 1907, gaining full independence from Britain under the Statute of Westminster Adoption Act 1947. New Zealand is an independent state within the Commonwealth. Queen Elizabeth II is represented by the Governor General who summons and dissolves Parliament, and assents to legislation.

New Zealand now has a mixed member proportional (MMP) Parliament of 120 seats: 67 electorate representatives and 53 party list members.

Prime Minister	Rt Hon Helen Clark
Deputy Prime Minister	Hon Dr Michael Cullen

FAMILY LIFE:

The average family has 2-3 children.

Young people usually live with their parents until they are 18-22 years. They may have to move to other cities for University or Tertiary studies. Young people living away from their parents live in hostels or flatting situations.

Grandparents usually live independently, either in their own house or an Elderly Persons Care Centre.

Many exchangees want to live in a city or big town but **some of the ICYE host families live in the country**. Be prepared to be living more than one hours drive from a town, with no public transport system. Be also prepared to be open to all new environments, as it can be a very positive aspect of your exchangee year in New Zealand.

CHURCHES & RELIGIONS:

Most Religions are represented in New Zealand. The most predominant being Christian.

SOCIAL LIFE:

Entertainment in the cities includes cinemas, theatres, restaurants, dance clubs, bars and nightclubs. In smaller towns, Public Bars (Pubs) or Sport Clubs hosts many social activities.

IT IS UP TO YOU TO INITIATE ANY SOCIAL CONTACT!!!

The minimum legal age to enter a Public Bar or purchase alcohol is 18 years. You may be asked for identification under the age of 25. Always carry your ID with you or you may be refused entry. Many hotels have family bars where you can go with your host family regardless of age.

Our law makes people cautious of drink driving. There are many police checkpoints for driving over the alcohol limit. The fines are significant. **DON'T DRINK AND DRIVE.**

Smoking marijuana is illegal. Drugs are also illegal.

SPORT & RECREATION:

New Zealand's outdoors offer an extraordinary range of activities to provide relaxation, adventure and challenge. As a people, New Zealanders, (also known as Kiwis), are active and enjoy outdoor activities. There are many opportunities for camping, tramping, horse riding, canoeing, fishing, skiing or surfing.

Many families are involved in Club sports, such as Rugby, Soccer, Cricket, Netball, Golf, Cycling, Sailing, Swimming, Running, Basketball, Volleyball, Hockey or just working- out at the Gym. A good way to meet young people is to join sports clubs.

Remember, though, that the New Zealand sun is surprisingly strong.

ICYE NEW ZEALAND

New Zealand joined the ICYE International programme in 1964, under the auspices of the National Council of Churches."

In 1967, we became an independent organisation, registered as an Incorporated Society (Inc). A small group of volunteers of all ages support ICYE New Zealand; some have shared the experience worldwide.

Our National committee is based in the North Island with the office operating from Tauranga, which is three hours drive south-east of Auckland. It is important that exchanges coming to New Zealand are well chosen and prepared to adapt to our casual and relaxed way of life.

HOSTING SITUATIONS & WORK PLACEMENTS:

Some of the Host placements are in small towns (less than 10,000 people). Many exchangees coming to NZ want to live in Auckland, Wellington or Christchurch. This is very unlikely, as we do not have a large number of host placements in these cities.

Exchangees can experience 2 placements while in New Zealand.

Host situations may be a "live-in" situation where the exchangee lives at the workplace. Exchangees must adapt to the lifestyle of their Host situation that may not be the same sophisticated and independent one they are used to. The ICYE Committee tries to place the exchangees in workplaces of their interest, however these are not always available.

Public transport is minimal, with sometimes only one bus in or out of your town per day so any weekend activities have to be planned out carefully with the help of your hosts.

We ask that all exchanges be flexible and try things they would not "normally" do.

Please use your initiative, common sense and show enthusiasm.

It is difficult to find **vegetarian** families so exchangees must be prepared to adapt to this situation. You will find that most families will try and fit in too with you.

The **English language** is most easily adapted to, learned and practised by communication within the host family or at the placement.

Farms:

This may be dairy cows, (most dairy farms in NZ have in excess of 120 cows and can go up to as many as 500 –700 cows) horse, sheep, or beef farms.

The Exchangee will live-in with the family on the farm, and generally have his/her own room.

A farming lifestyle may be a completely new experience to the exchangee. Daily activities may include feeding and moving animals milking cows, wearing gumboots (rubber boots) and old clothing, getting some excrement on your clothing, driving a tractor or a motorbike and other outdoor activities. The exchangees need to be prepared to experience a dirty and smelly environment at times.

Farms are usually isolated from the cities and the exchangee must accept this but don't be afraid to ask for a ride as usually most host families/their workers are more than happy to take you to the bus stop etc.

Health Camps:

Throughout New Zealand, these camps are for children who need special medical attention, away from their own family. They may be from underprivileged homes, abuse or suffer dietary or behavioural problems. Exchangees will share rostered duties with other staff, and live in staff accommodation or in the parent accommodation block. Exchangees must show a great deal of maturity and be over 18 years of age and in some cases over 20 years of age depending on the Health Camp. The exchangee must have good spoken English and provide a **police report** from their home country. Children who attend this type of camp do have very unsettled lives and need a great deal of tolerance and understanding. They can be very "street wise".

Social Work:

This may be caring for intellectually handicapped people, elderly, disabled children or disabled adults. Your duties will range from laundry to kitchen work, housework, care giving, and companionship for the residents and helping out wherever called upon. This may also include placement at social service centres.

This work also requires a **police report**.

Environmental:

This work will mainly consist of working outside – Summer or Winter. The exchangee will be responsible for environmental work.

Police Reports: (as specified above)

This is a report from your Police/Law Enforcement Agency, specifying that you have no criminal record in your home country. When dealing with children especially, this is a very necessary document insisted on by all our institutions.

CONFERENCES:

In New Zealand you will attend 3 compulsory Conferences if you are participating in the 12 month programme and 2 compulsory Conferences if you are participating in the 6 month programme.

The first is the Orientation Conference. This runs starts immediately after the window dates. This Conference gives the exchangee a chance to learn about New Zealand, it's culture and to meet the other exchangees from around the world who will share the year with you.

During the Orientation Conference we have an International night where all the exchangees are expected to come prepared to show us something of their country. You can perform on a dance from your country, sing,

show artefacts, show your country's flag etc.

This evening is always a highlight for all and is only limited by your imagination. **THIS IS COMPULSORY YOU NEED TO COME PREPARED** to do a 5 minute presentation.

The second Conference is the Mid-Year Conference. (12 month programme only).

This is an evaluation of the first half of your year and prepares you for the second half.

The last one is the Final Conference.

This conference will offer you the opportunity to reflect on your exchange year as a whole and to start with your preparation to return home. Evaluations need to be completed about your year in NZ together with a summary about your host placement to assist us in our future placements.

ENGLISH LANGUAGE:

Language will be one of the main obstacles you may have to overcome in order to really live and understand our culture.

IT WOULD BE A BIG ADVANTAGE FOR YOU TO GAIN A BASIC UNDERSTANDING OF OUR GRAMMAR AND PRONUNCIATION BEFORE LEAVING YOUR COUNTRY.

TRAVEL MONTH:

ICYE NZ has a very strict policy regarding the travel time available to volunteers.

Volunteers who start the programme in August will take their travel time during the Christmas holidays. The confirmed dates for this will be given at the Orientation Camp.

Volunteers who start the programme in January will take their travel time in two parts. (Half way through the exchange year and at the end of the exchange year). The confirmed dates for this will be given at the Orientation Camp.

You will also not be able to take extra time off during your placement time to travel. It is advised that parents or friends who wish to visit you do this during your travel period so that they don't disrupt your time or the placement that you are volunteering in.

You will NOT be able to travel outside NZ during your travel month because of visa regulations.

The travel month will cost you between \$3000 - \$4000 New Zealand Dollars.

THIS MONEY NEEDS TO BE SET ASIDE BEFORE YOU COME TO NEW ZEALAND

You can not expect to make this money while you are in New Zealand.

FINANCE & POCKET MONEY:

ICYE is a non-profit organisation.

Individual bank accounts will be opened during the Orientation Conference.

The pocket money will be paid into the exchangees bank account monthly by ICYE NZ. The pocket money amount is reviewed annually by the ICYE (NZ) Committee and is in line with the International Office.

It is **VITAL** that when you arrive in New Zealand you have enough funds or access to e.g. visa/mastercard etc, to keep you financially stable for the time that you are here, keeping in mind the cost of the travel month too, without relying on the funds gained from the pocket money.

VISA:

Before coming to New Zealand all exchangeees must have a **VISA**. Please ensure that applications are sent to your nearest NZ Embassy by the end of April (or October if coming in January).

Please note that any exchangee that takes paid employment while in New Zealand under their ICYE NZ Visa will be removed from the programme and deported to their home country. Paid employment is a direct violation of the visa that ICYE NZ has through the Immigration Department.

REQUEST THAT THE VISA BE MADE FOR 1 YEAR FROM DATE OF TRAVEL TO NEW ZEALAND

TRANSPORTATION:

It is possible while in New Zealand to purchase a motor vehicle. However, you must obtain permission from the ICYE (NZ) Board before doing so. You are also required by law as well as in the vehicle purchasing form to have the minimum of third party insurance.

Also, any exchangee under the age of 20 years must have written permission from their parents before they are allowed to drive in New Zealand.

PUBLIC HOLIDAYS:

Most people take their family holidays over the Christmas / New Year period. Schools close down over this period for 6 weeks from about the 20th December to the end of January. During the year they also have 2-week holidays in April, July and September. The public holidays that are observed are as follows:

January 1 st	New Years Day
January 2 nd	Day after New Years Day
February 6 th	Waitangi Day
April (dates vary)	Easter (4 days off)
April 25 th	Anzac Day
First Monday in June	Queens Birthday
Third Monday in October	Labour Day
December 25 th	Christmas Day
December 26 th	Boxing Day

IMMUNISATIONS:

No immunisations are required for travel to New Zealand.

Exchangees from Bolivia, Brazil, Mexico, South Korea and Taiwan need a TB certificate (Chest X-Ray Certificate) This is required by the Department of Immigration and should accompany your visa application.

HEALTH:

All exchangees are required to submit with their application form a full medical report from their doctor. We strongly recommend that prior to departure from your home country you fully understand the insurance cover provided by ICYE International office. Additional cover is advisable but is voluntary.

If you have any medical condition which needs ongoing treatment such as asthma, bronchitis we strongly recommend that you obtain a letter from your Doctor in the event of you needing further medication while you are here.

Remember that during your stay in New Zealand you will be often in the country and/or in a very close contact to nature, so in case you suffer any kind of allergy please, let us know. Most of host families do have pets, farm animals and live in the country!

Please also take note that failure to disclose ANY medical condition will result in your removal from the ICYE N programme and you being sent home.

INSURANCE:

All ICYE exchangees are insured while they are on the programme and you will receive information regarding the insurance cover from your sending committee before coming to New Zealand.

WHAT TO BRING:

A Back Pack – (not a suitcase)

Packing clothes for 1 year takes some thought.

We recommend bringing:

- Sunhat or cap – very important for the summer months
- Sunglasses
- Raincoat
- Set of good clothes
- T-shirts
- Warm jacket
- Swim suit
- Warm jersey/sweater/fleece top
- Good walking shoes and sandals
- Jeans/track-pants/shorts
- Towel
- Sleeping bag
- Typical things of your country to be shown at the International Evening party (such as music, typical dress, food, ornaments etc.)

- Photos and information about your family and country to show your host family any other interested people such as your receiving ICYE committee.
- English dictionary
- Small gift for your host placement

There is no need to bring gumboots or many old clothes for the farm situation as we have bags suitable clothing left here by previous exchangees and also clothes are very cheap in NZ at some stores.

IMPORTANT DOCUMENTS :

Passport
 Visa
 Return airline ticket
 Police Report
 Medical Questionnaire
 International Drivers Licence

ELECTRICAL ITEMS:

New Zealand electricity is run on 230 volts, - 50 hertz, with a 3 pin plug. Adaptors are available, should you wish to use appliances of a different current. Battery-operated appliances are the best.

TRAVEL/TICKETS

All airline tickets will be kept at the ICYE (NZ) office and returned in time for homeward travel.

Exchangees wishing to change their tickets sometimes must pay additional costs.

Exchangees must also organize their own change of date for their flight home. (This must be done in a timely manner).

ICYE is NOT to be used as a tourist programme!

WINDOW DATES:

You are required to arrive in New Zealand within the 2 specified window dates allocated to your sending committee.

Please note the following dates:

January 2008: 25 & 26 January 2008
August 2008: 4 & 5 August 2008

Remember that these are NZ dates

Exchangees coming from the same country MUST travel on the same flight.

Note for the sending Committee:

Failure to arrive on these dates results in an extra charge to your sending committee of 100 Euro per person per day. Your exchangee/s MUST be here prior to the commencement of the Orientation Conference. Any National Committee that is sending more than one person to New Zealand, must have ALL the people arriving on the same flight, within the window dates.

The following is the Candidates Application Form.

Please take time to read through and answer the application carefully.
You will also need to send a copy of a police report with your completed application.
Your sending National Committee will send all the documents through when they are completed.

We look forward to seeing you in New Zealand

ICYE (NZ) National Committee

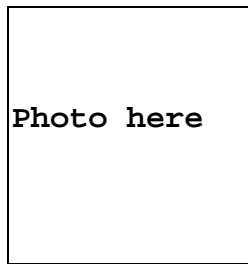
Checklist for Candidate's Application:

Candidate's Application Form
Preference List
ICYE NZ Exchangee Contract
Certificate of Health (Part I and II)
Police Report
Copy of Passport



ICYE

Photo here



CANDIDATE'S APPLICATION

Read carefully before answering. Use print letters and submit 4 copies.
Copies to be distributed to Hosting Committee, Host Family/Placement and International Office.

Space to be filled out **only** by the Sending Committee

From _____ To _____

Programme 20 - 20 Period 1 year 6 months Other _____

ICYE Prog. Long-Term Volunt.Serv. **Other Prog.** CSV EVS Prog.
 School Programme Short-Term Volunt.Serv.

1. Last Name _____ **2. Sex** Female
First Name _____ Male

3. Personal Address _____

4. Telephone (+) - _____ **E-mail** _____

5. Date of Birth (D/M/Y) _____ **Place of Birth** _____

6. Nationality _____ **Passport Number** _____

7. Marital Status _____ **Religion** _____

8. Family Members

Relationship	Name	Date of Birth (D/M/Y)	Living with you? Y/N
Mother/Guardian	_____	_____	_____
Father/Guardian	_____	_____	_____
Sisters/Brothers	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
Spouse/Partner	_____	_____	_____

Children

_____	_____	_____
_____	_____	_____
_____	_____	_____

9. Family's address/telephone/e-mail if different from yours.

--

10. Person to contact in case of emergency (name, address, telephone, e-mail).

--

11. Please describe your current living situation (with family, friends / house, flat / city, small town).

--

12. Please describe your educational background/training.

Subject	School/College	Years	Level
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Additional comments you want to add:

--

13. Please give details of any previous or current work experience.

--

14. What is your mother tongue? _____ Do you speak any foreign

Language	Years	Fluent	Good	Fair	Basic
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

15. What are your hobbies?

--

16. What are your future plans?

17. Please describe yourself, including your strengths and weaknesses.

18. Please describe briefly a national and/or international issue that has affected you.

19. Have you had any international experiences (for example: camps and conferences in other countries, contact with people of other cultures, etc.) ? If so, please give details.

20. Have you been involved in any organisations, movements, service programmes and other projects? If so, please give details.

21. Do you have any current or previous involvement in voluntary work? If so, please give details.

22. What is your understanding of voluntary work ?

23. What are your main reasons for going abroad ?

24. What type of voluntary work would you like do and why? For available options, please read carefully the National Profile and/or Volunteer Service Guide of your future host country.

25. What skills do you have ?

- | | |
|---|---|
| <input type="checkbox"/> Working with children/youth | <input type="checkbox"/> Manual skills (please specify) _____ |
| <input type="checkbox"/> Working with disabled | <input type="checkbox"/> Teaching |
| <input type="checkbox"/> Working with elderly people | <input type="checkbox"/> Sports |
| <input type="checkbox"/> Computers | <input type="checkbox"/> Music |
| <input type="checkbox"/> Others, please specify _____ | |

26. Do you have a driver's licence/permit? If so, would you be willing to drive in a foreign country?

Yes No

Yes No

27. What do you hope to gain from and achieve during the exchange programme ?

28. What challenges and difficulties do you think you will encounter during a year, living in another culture with a different set of values ?

29. Please indicate from the following types of living situations in which you would prefer to be placed. Please note that in some countries only one of the following options may be available.

Host family

Living in a residential social work project

Please give reasons for your choice.

Do you have any objections to sharing a room ? Yes No

If your answer is yes, please explain why.

30. Do you smoke ?

Yes No

31. Do you have special dietary requirements ? Please indicate.

No

Vegetarian _____

Other _____

32. Do you have any allergies ?

Yes No

If your answer is yes, please indicate what kind.

Please feel free to complement this form providing additional information on a separate sheet of paper.

I am aware that ICYE is not financially responsible if the exchange programme is interrupted due to war, civil commotion or a natural catastrophe in the host country.

Date _____

Signature of Candidate _____

Date _____

Signature of Coordinator _____
(Sending National Committee)

**PREFERENCE LIST
ICYE New Zealand 2008-09**

Please complete this preference list you will need to read through the Work Profiles before making your decision.

Your sending National Committee will send this with your completed application. By filling out this form it gives us more of an indication of what you wish for and can help us a lot in working out where to place you. Therefore it is important that you are honest and tell us what you really want.

However, we do **NOT** guarantee you the placement you have chosen and that your choices are in no way binding to ICYE NZ.

Indicate in order of preference from 1 to 3 your most favoured projects
(1 = most favourite choice)

- _____ Home for children – Social placement
- _____ Home for disabled adults – Social placement
- _____ Social Service – Social placement
- _____ Children’s Health Camp – Social placement
- _____ Farm or working in Horticulture or Agriculture
- _____ Family placements with small home business
Host families running their own home business
E.g. Charter boats, building, landscaping or care of children in the home.
- _____ Environmental Project

Please give one reason for each of your above decisions.

What do you expect to get from this experience?

Describe any previous experience or skill you may have that would help you in this work.

List any hobbies or interests which you have.

What is your career plans for when you return to your home country?

Any additional information that may assist us.

Exchangee's Name _____ **Signature** _____

Exchangee home country _____ **Signature** _____

Date _____

EXCHANGEE CONTRACT ICYE New Zealand 2008-09

Please read the following rules carefully and then return the signed agreement.

1. I have read and understood the New Zealand ICYE National Profile.
2. I am prepared to learn the English language and will try to start before I leave my home country.
3. I am prepared to accept any assignment that ICYE NZ prepares for me (realising that I may be sent to an isolated area.) Refusal of placements will not be accepted.
4. I am prepared to adapt to the lifestyle of my host family/host placement situation.
5. I **MUST** not change my host family/placement under any circumstance without consultation and approval being made first with the ICYE NZ Committee.
6. I will attend all compulsory ICYE Conferences. The Orientation, Mid-Year and Final Conference are all obligatory.
7. The ICYE programme is a voluntary programme. I am prepared to work up to 40 hours a week in a voluntary capacity.
8. Agreements made between the exchangee and the place of work must be kept.
9. I understand that ICYE NZ is not a travel agency and that I am not supposed to travel longer than the specified time. I understand that I must not travel outside of New Zealand during the travel month period.
10. On arrival in NZ I must have:
 1. A return air ticket to my home country.
 2. A work visa with multiple entry and valid for the exchange year. This work visa is issued for non-paying voluntary work only. I understand that should I take paid employment, this is a breach of the visa and Immigration will revoke my visa.
11. Acceptance of an exchangee's application by ICYE NZ and the issuing of their New Zealand visa has been made on the basis that the exchangee has made full and complete disclosure of all information as requested in the candidate application forms. Any non-disclosure of information will result in the exchangee being repatriated to their home country at their own cost.
12. I will obey the laws of my host country New Zealand. If I don't, I will be held responsible for all costs, this includes all costs referring to a deportation.
13. I will go home at the end of the exchange year.
14. All Medical Conditions have been revealed, including any prescribed medications.
15. I agree to complete the "Vehicle Purchase" Agreement before the purchasing of a motor vehicle in New Zealand.

I hereby confirm that I have read and understood the above rules.

I also confirm that I have been informed of the fact that my medical insurance and my liability insurance will expire in July (or when my exchange year comes to an end) and that from that time onwards ICYE NZ has no further obligations towards me.

Name of exchangee _____

Address _____

Signature of exchangee _____

Signature of parents (*if exchangee is under 18 years of age*) _____

Date _____

Sending Country _____ Signature _____



PO Box 11-356 Palm Beach Post Office,
 Papamoa - New Zealand
 Ph. +64-7-572 0901 Fax. +64-7-572 0904

CERTIFICATE OF HEALTH

Last Name..... First Name

Date of Birth (D/M/Y)..... Address

PART 1 : All the questions of this part must be answered by the applicant

1. Have you ever suffered from any of the following illnesses?

	Yes	No
Asthma
Appendicitis
Has your appendix been removed?
Diabetes
Epilepsy
Hernia
Have you had a hernia operation?
Was the operation successful?
Malaria
Pneumonia
Rheumatic fever
Vertigo, dizziness
Cancer or cancer related diseases
Scarlet fever
Tuberculosis
Typhoid fever
Migraine/persistent headache

2. Do you suffer from allergies?
 If yes, which allergy do you suffer from?

3. Have you got any disease, impairment or abnormality of:

Eyes or Sight
Ears or hearing
Tonsils, nose, throat
Have your tonsils been removed?
Stomach or digestive system
Genitourinary system
Heart or blood vessels
Other abdominal organs
Lungs, respiratory system
Bones, joints, locomotion
Brain or nervous system
Blood, endocrine system
Skin (acne, etc)

4. Have you ever been hospitalised?
 If yes, when and
 why.....

5. Have any members of your close family (parents, brothers or sisters) ever suffered from:

Diabetes
Tuberculosis
Mental or nervous disorder

6. Have you ever consulted a psychiatrist, psychologist or any other specialist in nervous or emotional disorders ?

7. Will any orthodontic care be required during the coming two years ?

8. Are there any other health related problems you wish to point out ?

Indicate.....

9. Are you personally or through your parents covered by a Health Insurance Policy ?

10. Are you pregnant ?

I UNDERSTAND THAT NEITHER SENDING NOR RECEIVING NATIONAL COMMITTEE IS LEGALLY RESPONSIBLE FOR ANY COSTS RESULTING FROM PRE-EXISTING ILLNESSES (PHYSICAL OR MENTAL) AND/OR PREGNANCY IF THERE IS NO REPORT ON THIS FORM

Date:

Signature of Applicant:

CERTIFICATE OF HEALTH

PART 2 : (All the questions of this part must be answered by a physician duly licensed to practice medicine. Examining physician must not be a parent of the applicant)

Use typewriter or print in block letters. Please, review part one before starting

1. Age _____ Height _____ Weight _____ Sex _____ Are reflexes normal? Pupil _____ Knee _____

2. Blood pressure: Systolic _____ Diastolic _____ Pulse rate _____ Rhythm _____

3. If the pressure is not normal, please repeat the pulse and blood pressure test on two different days and list the results below with your interpretation.

4. Is there any evidence of the following illness?

	Yes	No		Yes	No		Yes	No
Diabetes.	Malaria	Rheumatic Fever.
Epilepsy	Mental disorder	Any present contagious disease
Hernia	Tuberculosis	Speech defects (lisp, stutter)
Allergy	Intestinal parasites.....			
Any disease, impairment or abnormality of:								
Eyes / Sight	Stomach or Digestive System	Lungs/Respiratory System
Ears / Hearing	Genitourinary System	Bones/Joints/Locomotion
Tonsils/Nose/Throat.....	Blood or Endocrine System	Brain or Nervous System
Heart/Blood Vessels	Other abdominal Organs	Skin (Acne, etc.)

5. Does the applicant have any history or present evidence of nervous, emotional or mental abnormality (such as enuresis, nervous breakdown, nervous fatigue, etc.)? Yes _____ No _____
If yes, please describe in detail, indicating pertinent dates, medication and treatment.

6. Does the applicant have any other disease, impairment or abnormality? Yes _____ No _____
If yes, please, describe in detail.

7. Does the applicant have any scars? Yes _____ No _____
If yes, please describe and indicate where, how and when they were caused

8. Has any medication or treatment been given to the applicant during the past two years. Yes _____ No _____
If yes, indicate:

- a. reason for treatment or medication _____
- b. names and dosages of medication prescribed _____
- c. date of initial medication. Frequency and duration of treatment _____
- d. possible consequences of suspension of treatment for one year _____
- e. whether medical condition has been fully cured or might recur _____

9. Is there any present condition which will require medication or treatment during the coming two years? Yes ___ No ___
If yes, give details _____

10. Does applicant use eyeglasses Yes ___ No ___
- without glasses OD _____ OS _____
If so how is vision: - with eyeglasses OD _____ OS _____

11. Has the applicant been immunised against the following (write dates) Polio _____ Diphtheria _____
Pertussis _____ Tetanus _____ Rubella _____ Mumps _____ Measles _____
Yellow Fever _____ Malaria _____

12. How long has the applicant been your patient _____

13. In your opinion the general state of the applicant's health is (check one) Excellent ___ Good ___ Fair ___ Poor ___

Name of Physician _____ Address _____

Degree _____ Date _____ Signature/Stamp _____